# numnuts

A Detailed Guide

umnuts device

NumOcaine

17.2 mg/ml LIGN

numnut

Primary Pain Relief for Tail Docking and Castration

Version 1 June 2023

Dual-action tool for ring castration and tail docking of lambs Injects local anaesthetic and applies rings to lambs aged 2-12 weeks Ergonomic design for efficient workflow and easy operation Meets industry best practice guidelines and regulatory requirements



"As farmers, the welfare of our animals is paramount. Our livelihood is dependant on them, and likewise we have a responsibility to ensure we minimise their stress with all our farming activities."

Julian von Bibra | Beaufront, Tasmania

# Great for lambs, great for farmers

Numnuts<sup>®</sup> has revolutionised lamb marking in Australia. This patented dual-purpose device applies rings during tail docking and castration, while achieving significant pain relief through the injection of NumOcaine<sup>®</sup>, a local anaesthetic.

In a single, easy process, the ring is applied and the NumOcaine<sup>®</sup> dose is injected – once for females or twice for males. NumOcaine<sup>®</sup> starts numbing the site within one minute, making it the only injectable product to deliver pain relief where it's needed, when it's needed. It then lasts for up to an hour, covering the peak pain period 15 to 45 minutes after ring application.

Better for your lambs	Better for farmers	Better for your business
<ul> <li>Local anaesthetic blocks pain when it's at its worst</li> </ul>	• Easy to use	<ul> <li>'Future proof' against welfare regulations</li> </ul>
<ul> <li>Lambs show fewer pain related behaviours</li> </ul>	<ul> <li>Safe, accurate injection</li> <li>Efficient process during lamb marking</li> </ul>	<ul> <li>In line with industry best practice guidelines</li> </ul>
• Lambs mother up faster and mismothering is reduced	<ul> <li>Ergonomic to reduce user repetitive stress</li> </ul>	<ul><li> Approved for organic farms</li><li> Fits with wool accreditation</li></ul>
	Small hand friendly	schemes

Research shows just how much lamb marking pain is reduced when Numnuts<sup>®</sup> is used. The Numnuts<sup>®</sup> device and the primary pain relief benefits of NumOcaine<sup>®</sup> are scientifically evidenced. Numnuts<sup>®</sup> underwent rigorous research and development in Australia, with funding from the Meat and Livestock Agency (MLA) and Australian Wool Innovation (AWI). It has been through extensive clinical evaluation by CSIRO and the University of Melbourne with over 15,000 lambs tested. The device itself was engineered by 4c Design in Glasgow, with further research from the Moredun Research Institute.



# Primary pain relief makes business sense

Current lamb marking practices are coming under increased scrutiny at home and abroad. Lamb marking without pain relief is increasingly viewed as inhumane by consumers, particularly when carried out on older animals. This has led to a growing trend to buy products that demonstrate improved animal welfare.

It's not only supermarket chains that are reflecting consumer expectations - increasing levels of regulation are being introduced overseas that affect Australian and New Zealand wool and meat exports. While mulesing lambs has been the main focus to date, castration and tail docking without effective pain relief are coming into the welfare spotlight.

Why does this affect all farmers? Research shows that the application of rubber rings during castration and tail docking causes intense, acute pain in the first 15-45 minutes. This is a direct and rapid result of restricted blood flow (ischemia).

This is not a time to be complacent. Giving your lambs effective pain relief for ring marking today will serve to protect your business tomorrow. Being effective means using the correct medication at the right time: only a local anaesthetic injected during ring marking will block the acute pain that comes 15 minutes later.





# The accepted standard

### Welfare regulations

The welfare of lambs is underpinned by the Australian Animal Welfare Standards and Guidelines for Sheep. These are the legal requirements for the welfare of sheep and have been endorsed by all states and territories.

Meat and Livestock Australia (MLA), Australian Wool Innovation (AWI), Wool Producers Australia (WPA) and Animal Health Australia (AHA) all promote best practices that include the use of local anaesthetics during ring castration and tail docking. Numnuts<sup>®</sup> is the only producer-friendly method of administering a local anaesthetic, NumOcaine<sup>®</sup>, via the patented Numnuts<sup>®</sup> device. 'For all methods of castration and tail docking, pain relief shall be applied (when suitable pain relief is available).'

Responsible Wool Standard (RWS)

### Numnuts<sup>®</sup> and accredited wool & meat schemes

Demand for sheep products produced under accredited farming practices is increasing. Whilst accredited schemes vary in their specific requirements, a consistent theme throughout is a focus on best practices and high animal welfare standards. Numnuts<sup>®</sup> helps to achieve these goals by reducing the pain that accompanies these necessary husbandry procedures, thereby giving lambs the best start in life.









# NumOcaine<sup>®</sup> for primary acute pain

NumOcaine<sup>®</sup> uses a formulation of 2% lignocaine, the same medication that dentists use before extracting or drilling into a patient's teeth. In lambs, this powerful, fast-acting local anaesthetic addresses the immediate acute pain that follows ring marking. Caused by the initial restriction of blood circulation ('ischemia'), this reaches a peak at around 15 minutes after ring application.

Studies show that lambs experience the most intense pain 15-45 minutes after ring application, when the initial restriction of the blood supply causes pain to rise to its peak level. In CSIRO trials led by Dr Alison Small, the injection of 1.5ml of NumOcaine<sup>®</sup> (2% lignocaine) into the tail or scrotum of lambs aged 2-4 weeks brought powerful pain relief for 60 minutes. Scientists observed a significant **68% reduction** in pain-related behaviours for the first 20-50 minutes after ring marking.



#### Pain-related behaviours in lambs

In the first hour after marking, lambs display abnormal behaviours in an attempt to avoid feeling acute pain. These include kicking, foot stamping, 'bunny hops', and 'restlessness' (repeatedly getting up and lying down, or rolling from one side to the other). These behaviours tend not to be shown during the chronic phase, which is after the first 60 minutes.



Lying with stiff legs



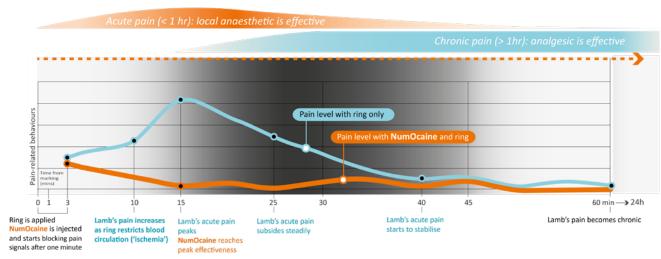
Lying and rolling



Standing hunched

"Pain is sometimes classified as immediate (fast) pain, and chronic (slow) pain. During painful animal husbandry procedures, there may be immediate pain associated with the procedure, as well as slower long-term pain associated with any injury and healing."

**Meat & Livestock Australia** 



### Lamb pain behaviours with and without NumOcaine® local anaesthetic

NumOcaine<sup>®</sup> effectively blocks nerve signals during the acute pain period in the first hour after marking. After this time, the ring has largely disabled nerve function, and the lamb's pain decreases. This is when the chronic inflammatory response begins.

Not all pain medications are the same: NumOcaine<sup>®</sup> is the only injectable local anaesthetic for ring marking. Other local anaesthetic treatments which also contain lignocaine are for applying to open wounds, so will not work with ring marking (closed wound).

The majority of pain relief products are analgesics (NSAIDs), in the same family as the human medication ibuprofen. These address the secondary, chronic inflammatory pain. Injected or given orally, these only start working after 20-30 minutes and reach full potency at one hour. It is, however, possible to use NumOcaine<sup>®</sup> in a combined approach with an analgesic, meeting industry guidelines for best practice.



# The Numnuts<sup>®</sup> system

### NumOcaine<sup>®</sup> Quick Change Cartridge (QCC)

A tamper-resistant QCC and 100ml bottle are supplied as a single unit to speed up changeovers and minimise the risk of drug misuse. 65 procedures are covered per 100ml bottle.

### Fluid junction and o-ring seal

Changing the fluid junction every 2,000 lambs or each season (whichever comes first) allows for hygienic and effective function.

### 2-stage injector

The patented 2-stage injector delivers a pre-calibrated 1.5ml dose of NumOcaine<sup>®</sup>. The mechanism will only dispense the NumOcaine<sup>®</sup> once the needle is correctly engaged.

#### Needle —

Regular changeover of the high quality stainless steel needle reduces infection risk, minimises animal discomfort, and keeps injection loads low for the operator. Replacement is recommended after every second NumOcaine® bottle (130 procedures). The size, gauge and type of needle is critical for the correct operation of the tool. Therefore, only use Numnuts® needles to achieve the full effect of the procedure.

#### · Ring applicator

This is ergonomically designed for the professional farmer or marking contractor. It is engineered to be a robust 'accident-proof' tool lasting over 100,000 ring applications.

# Using Numnuts<sup>®</sup>

### Shown on a demonstration rig



Step 1

With the ring in place, open Numnuts<sup>®</sup> tool and position ring over the tail or testes.



### Step 3

Press injector plunger firmly. The two-stage mechanism first pushes the needle through the skin, then delivers a calibrated 1.5ml dose.

Scan the QR code to learn more about how to use Numnuts<sup>®</sup>



## Step 2

Release pressure on metal lever to close ring, which automatically aligns the tool for injection.



# Step 4 Release plunger and tilt down. Pull tool up to release ring. Note: This is different (easier) than standard elastrator ring pliers.



# Designed for the farmer

# Safe to use

- + Needle safe: the needle automatically retracts after each application.
- + Tamper-resistant Quick Change Cartridge reduces risk of drug misuse.
- NumOcaine<sup>®</sup> has a very wide safety margin with few side effects.

# Ease of Use

- The ring is applied and the targeted local anaesthetic administered with the same dual action device.
- The unique pre-set system ensures an exact 1.5ml dose of NumOcaine<sup>®</sup> is delivered accurately to the correct place, every time.
- + The ergonomic design means the operator does not need to twist the forearm through 90°, reducing fatigue and risk of Repetitive Strain Injury (RSI).
- Minimal force is required to hold device fully open, making it easy for operators with varied hand sizes and strengths to use.
- It is perfectly designed for left or right handed use.

# Purchasing NumOcaine®

NumOcaine<sup>®</sup> comes in three shipping sizes. The 65, 520 and 4,160 dose packs are all made from 100ml NumOcaine<sup>®</sup> bottles. NumOcaine<sup>®</sup> comes with the Quick Change Cartridge (QCC) factory fitted, which has been engineered to be tamper-resistant. It also allows broaching and changing to a new bottle of NumOcaine<sup>®</sup> local anaesthetic easier for the farmer.

#### Safe

#### **Tube-free**

The QCC acts as tamper security to limit access to the local anaesthetic when the bottle is not attached to a Numnuts<sup>®</sup> device. There is no risk of injury from the sharp broaching spike due to it being contained within the QCC. The QCC technology removes the need for cumbersome tubes that can get in the way or become entangled with other equipment or the lamb's legs.

#### Fast setup

The QCC technology enables fast broaching and attachment to the Numnuts<sup>®</sup> device.

NumOcaine <sup>®</sup> 65 Doses	NumOcaine <sup>®</sup> 520 Doses	NumOcaine <sup>®</sup> 4160 Doses
<ul> <li>Contains:</li> <li>1 x 100ml bottle</li> <li>1 x APVMA approved datasheet for retail</li> <li>May be sold individually.</li> </ul>	<ul> <li>Contains:</li> <li>8 x 100ml bottle</li> <li>1 x Fluid junction</li> <li>1 x APVMA approved datasheet</li> <li>Separating and reselling the contents of the 520-dose multipack is prohibited</li> </ul>	<ul> <li>Contains:</li> <li>8 x 520 doses (64 x 100ml bottles)</li> <li>Each 520 dose pack contains:</li> <li>8 x 100ml bottles</li> <li>1 x Fluid junction</li> <li>1 x APVMA approved datasheet</li> </ul>
	Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numocaine Numoca	The 4,160 option can be legally resold as 520-doses.

NumOcaine <sup>®</sup> Information		
Number of doses per bottle (expected)	65	
Fixed dose volume dispensed via Numnuts® device	1.5ml	
Storage temperature (refrigeration not required)	<30 deg	
Shelf life after opening	7 days	
NumOcaine <sup>®</sup> expiry date from manufacture	2 years	
Withholding Period (WHP)	0	

As a Schedule 5 drug, NumOcaine<sup>®</sup> may be sold overthe-counter for use with the Numnuts<sup>®</sup> applicator if regulations around packaging, labelling and datasheet provision are followed correctly.

For this reason, under APVMA regulations, retailers cannot separate the 520 dose multipack (8 x 100ml bottles) and resell the bottles of NumOcaine® individually.

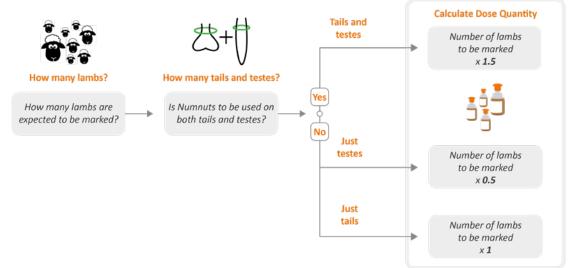
Selling NumOcaine<sup>®</sup> outside designated constraints in this way is a violation of the APVMA code and may lead to significant fines.

*Refer to current price list for up-to-date minimum order quantities and prices.* 

### **Calculating NumOcaine® quantities**

How much NumOcaine<sup>®</sup> is required depends on two factors: how many lambs are being marked, and whether the rings are being used for both castration and tail docking.

In most cases a 50:50 male-to-female split is assumed.



### How much NumOcaine® does Barry Baws require?

Barry Baws from Long Tail farm is predicting 7,500 lambs in June.

He usually gets around 50:50 male and female and is considering his options for primary pain relief, and whether to use Numnuts<sup>®</sup> and NumOcaine<sup>®</sup> on both tails and testes.

Here's how much Mr Baws will need for using NumOcaine® on both tails and testes.	Number of doses required = 7,500 (number of lambs being marked) x 1.5 = 11,250 doses	This amounts to <b>2 x 4,160</b> packs of NumOcaine <sup>®</sup> with <b>5 x 520</b> -dose packs and <b>3 x 65</b> -dose packs. Mr Baws may consider buying an extra 65-dose pack or even rounding up to another 520-dose pack to be safe.
Here's how much Mr Baws will need for using NumOcaine® just testes (ie. castrating males, no tail docking with rings).	Number of doses required = 7,500 (number of lambs being marked) x 0.5 = 3,750 doses	This amounts to <b>7 x 520-dose</b> packs and <b>2 x 65-dose</b> packs. Mr Baws may consider buying an extra 65-dose pack or even rounding up to another 4160-dose pack to be safe (it is also more cost-effective).

Cost per dose can be found on the latest price list.

On page 10-11, we cover exactly what is needed to ensure the annual lamb marking operation is equipped with the correct amount of hardware, spares and (especially) needles. This takes into account the number of lambs to be marked and procedures to be carried out, so an accurate estimate is important.

# Numnuts<sup>®</sup> is the practical solution

Numnuts<sup>®</sup> was developed and tested on Australian farms and has been put through its paces since its launch in 2019. Numnuts<sup>®</sup> has a wide-ranging user base, from lifestyle farmers to large-scale commercial producers with thousands of lambs. The Numnuts<sup>®</sup> system uses standard elastrator rings. What is different is the injection of local anaesthetic NumOcaine<sup>®</sup> during marking. This means other factors should be considered when preparing your marking set-up.

**Changing NumOcaine®** bottles is fast with no fuss due to the patented Quick Change Cartridge (QCC). Knowing the mob size, prepare your NumOcaine® in advance of the marking session.

Make sure you don't drain the system between bottles so you don't have to prime at every bottle change.

Add a **second device** to speed up the process. Either have a second device loaded with NumOcaine<sup>®</sup> primed and ready to go or, when marking both testes and tails, consider a device for each procedure at two different stations.

A **device holder** helps to keep the Numnuts® tool upright and accessible when not in use. Producers have suggested their own DIY device holders which work in various making scenarios.

They are simple and versatile – scan the QR code to see how to set up a device holder.

**Injecting tails and testes** is explained in detail on page 12. However, producers should be aware of what to do when the needle hits the bone of the tail or encounters creased skin on the scrotum.

Tips on how to use Numnuts<sup>®</sup> in these situations can be found on the Numnuts<sup>®</sup> website or by scanning this QR code.

Numnuts<sup>®</sup> has been designed to be used with **all types of cradles:** single cradles, rotary cradles, cradles in a line, vet markers, and even someone presenting the lamb on their knees. The only thing that matters is that the lamb's testes and tail are facing upwards, ie, the lamb is on its back .

# Plan ahead and be organised

The Numnuts<sup>®</sup> kit needs to be looked after and maintained like any other tool or drug delivery device used during lamb marking. The Numnuts<sup>®</sup> system is modular so parts can be replaced easily with spares.

Part	art Description		
	Numnuts® device AD0100 Numnuts® ring applicator with pre-set injector and fluid junction.	The Numnuts <sup>®</sup> ring applicator is engineered to last hundreds of thousands of uses. A modular design allows the 2-stage injector and fluid junction to be changed more frequently, as required.	
	Fluid junctionAS0100Numnuts® fluid junction with two replacement O-rings.It is supplied in every 520 dose pack of NumOcaine® or purchased separatelyReplace seasonally or 2,000 procedures.	Due to the physical demand on this part, it is <b>recommended</b> <b>that a spare is always available</b> . It is important to maintain a high level of hygiene. Letting wet and uncovered fluid junctions sit around can lead to the build- up of mould and dust that can contaminate NumOcaine <sup>®</sup> . Two replacement O-rings are included to ensure spares are available for the 2-stage injector.	
	2-stage injector AS0200 Numnuts® 2-stage injector. This is designed to last over 5,000 procedures, but it is recommended to always have a spare on hand.	The 2-stage injector is a robust assembly, however, like any mechanism, it will suffer from wear and tear. It can be maintained by regular cleaning and by replacing the O-ring every season or if visible wear can be seen. O-rings should be lubricated with a cooking oil such as olive oil. When replacing a 2-stage injector it is important to follow the manufacture's instructions to ensure the maximum needle depth is not exceeded. When the injector is pressed fully, the tip of the needle must be set to protrude between 11 and 12mm from the device.	
	Numnuts® needlesAD0300Needles come in trays of 12 needles.It is recommended that needles are changed every 2 bottles (130 doses).	Blunt needles are uncomfortable for the lambs. Hygiene levels must also be maintained. The Numnuts® needles are unique to the Numnuts® system. The specification is fundamental to the effectiveness of Numnuts® and the welfare of the lamb. Third-party / off-brand needles are unsuitable for use with the Numnuts® device.	

### Cleaning

Your Numnuts<sup>®</sup> device should be cleaned at the end of each day of marking, and at the end of the season. This allows for a good level of hygiene and prevents carrying any soil or faecal-borne diseases or pests.

- 1. Wash with hot soapy water to remove dirt and clear the moving parts.
- 2. Use dry silicon spray on the injector mechanism and ring applicator. Do not lubricate the O-ring with a synthetic or non-food grade lubricant.
- 3. To keep the injector leak free and moving freely, apply cooking oil to the O-ring that sits at the end of the injector and inside the fluid junction.
- 4. Store hardware out of sunlight to preserve the plastic's mechanical properties.

Scan the QR-code for tips on cleaning and maintenance



Full label information can be found on the APVMA PubCRIS database.

Product Name: NumOcaine® injectable pain relief

APVMA approval no. : 87460/127482

# NumOcaine<sup>®</sup> label

**Benefits.** Clinical trials showed NumOcaine<sup>®</sup> reduced pain from ring marking significantly. Scientists at CSIRO reported a 68% reduction in pain-related behaviours in lambs for up to 60 minutes. The use of Numnuts<sup>®</sup> with NumOcaine<sup>®</sup> also improves mothering up.

**Indications.** NumOcaine<sup>®</sup> is a local anaesthetic injection for sheep during castration and tail docking with rings.

**Precautions.** Safety studies have only been conducted up to two times the dose in 2-10 week old lambs. Use with caution to avoid overdosing.

#### Restraints. DO NOT:

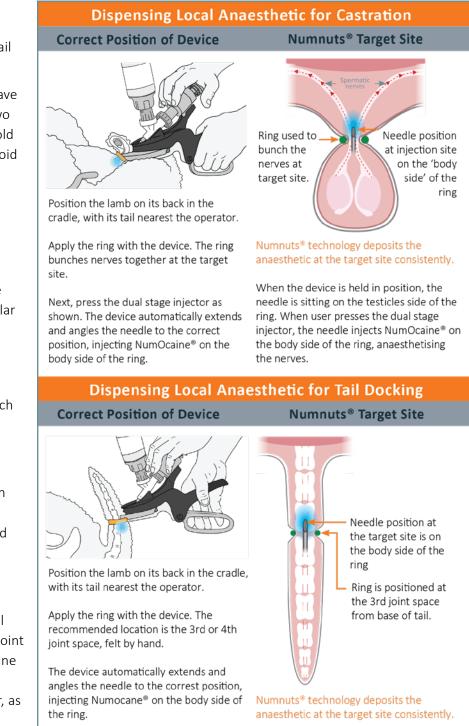
- Use for any other purpose other than the purpose approved on product label.
- Tamper with or remove the Quick Change Cartridge collar from the bottle.

USE ONLY with the Numnuts<sup>®</sup> device.

**Dosage & Administration.** Each injection delivers 1.5ml.

Administer according to the directions provided with the Numnuts® applicator device in conjunction with rubber ring application for tail docking and castration.

The injection must be administered under the skin (subcutaneously) at the dorsal midline at the third palpable joint for tail docking or dorsal midline of the scrotum for castration with the Numnuts® applicator, as illustrated in the diagrams.





"If you are currently doing nothing in terms of pain relief during lamb marking, then it is time to start doing something."

Dr. Allison Small BVM&S | CSIRO

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**Development Partners** 





Funding Partners



NumOcaine\*

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